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RESEARCH ETHICS BOARD
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MEMORANDUM JVM—2024—03

29 July 2024

TO: ALL PRINCIPAL INVESTIGATORS

FROM: JACINTO BLAS V. MANTARING III, MD, MSC
UPMREB Chair

SUBJECT: Bill of Rights as a Health Research Participant

Please be informed that the Philippine Health Research Ethics Board is enjoining the widespread dissemination of the ***PHREB Bill of Rights in Health Research, Studies, and Clinical Trials as a Health Research Participant***. Mindful of its importance, the University of the Philippines Manila Research Ethics Board (UPMREB) advises all researchers to incorporate the Bill of Rights in the recruitment and informed consent processes, which will be included in subsequent UPMREB assessments. The current version is available only in English, accessible online from the PHREB website https://ethics.healthresearch.ph/ and attached to this memorandum for reference. Corresponding translations to be used in specific research procedures will be reviewed on a case-to-case basis.

For the information and guidance of all concerned.

https://ethics.healthresearch.ph/

PHILIPPINE HEALTH RESEARCH ETHICS BOARD

BILL OF RIGHTS

in Health Research, Studies and Clinical Trials

As a health research participant, I have the right to:

1 **Ask and Know** what the study is trying to find out, why it is being done, what I will be asked to do if I participate in the study and who the sponsors and primary / lead investigators are.

2 **Full disclosure** of information and complete description in a language and manner I can understand.

3 **Be informed and ask** about any possible risks, discomfort and side effects that might happen during and after the research / study / clinical trial; about whom to contact when I have questions about the research / study / clinical trial and / or have to report research / study/ clinical trial related injury, accidents, complications or any adverse effects of treatment, procedures and / or therapy.

4 **Receive information and clear, understandable comparison** of risks and benefits of other available options (e.g. procedures, treatment, medication) which might be better more beneficial than those involved used in the research / study / clinical trial.

5 **Be given enough time to decide** whether to participate or not, free from any form of actual or implied force, pressure or coercion.

6 **Refuse to take part or withdraw any time** from the research / study /clinical trial, without any effect on the care being received and / or the relationship with the institution, researchers or doctors involved.

7 **Be informed of any associated costs** with the research / study/ clinical trial, whether I will receive compensation for participation in the study and who will pay for any research/ study / clinical trial related injury, accidents, complications or any adverse effects of treatment, procedures and / or therapy.

8 Expect that my **right to privacy** and the **confidentiality** of my participation is safeguarded **before, during, and after** the study. Be informed about who will have access to info collected about me andhow the confidentiality of this info will be protected.

9 **Respect for my beliefs, principles** and **religion** while receiving safe and considerate care during and after the research / study / clinical.

10 **Receive** a duly signed and dated **written copy** of the **consent form** of the research / study /clinical trial as well as **access** to the **results** of the study.

11 **Receive post-trial care** within a reasonable period after the trial has ended.

12 **Give feedback** and / or **complaint.** Research participants must report if they experience adverse reactions, untoward events or changes in clinical status while study is ongoing.

This public service is brought to you and with cooperation of the following

CPFCE
COMMITTEE ON PATIENT, FAMILY AND COMMUNITY ENGAGED

Patients are Our Partners in Health Research.

Lets protect and promote their rights.

Philippine Health Research Ethics Board

DOST - PCHRD